



# SKIING & SNOWBOARDING LESSONS

608.788.0044 • 800.426.3665

MUST CALL FOR RESERVATIONS!

## All Ages / Privates

Enjoy the benefits of one-on-one instruction! Lessons are focused on you and your goals in a one hour lesson, scheduled at your convenience. Please call ahead for reservations. Lift ticket is free with lesson, half price lift ticket option after lesson.

<b>One Hour Private Lesson</b>	<b>\$37</b>
<b>SAVE! Private lesson 6-pack</b>	<b>\$185</b>
<b>Season Pass Holder Private Lesson</b>	<b>\$32</b>
<b>Season Pass Holder 6-pack</b>	<b>\$160</b>

Rentals during lessons: skis \$11; snowboard \$16 All prices include tax.

## Ages 2-5 years old Parent /Tot Koala Lesson

Parents learn effective techniques to assist their toddler in learning fundamentals of skiing. Parents must be at an intermediate or above level to participate in Koalas. One hour together with instructor.

**\$43 for lesson, tot ticket, helmet, tot skis, boots, harness and toe clips**  
**Free rope tow ticket for parent - \$18 ski rental**

## Ages 6-10 years old Snow Bears

**Weekends and Holidays 11am - 2pm**  
 Fun skill progression for skiers or snowboarders. Class time includes lunch with instructor and a skill progress sheet for each student. Can practice until 4pm after lesson

<b>SNOW "SKI" BEARS</b>			
Lift, Lesson, Rental & Lunch	\$53	\$46 Pass holder Price	
Lift, Lesson & Lunch	\$43	\$36 Pass holder Price	
<b>SNOW "BOARD" BEARS</b>			
Lift, Lesson, Rental & Lunch	\$58	\$51 Pass holder Price	
Lift, Lesson & Lunch	\$53	\$46 Pass holder Price	

Prices based on 3 or more students per ability level.  
 Class availability not guaranteed with reservations.

## Snow Bears Six Packs

<b>6 classes Ski Snow Bears with rentals</b>	<b>\$265</b>	<b>\$230 Pass holder Price</b>
<b>6 classes Ski Snow Bears without rentals</b>	<b>\$215</b>	<b>\$180 Pass holder Price</b>
<b>6 classes Snowboard Snow Bears with Rentals</b>	<b>\$290</b>	<b>\$255 Pass holder Price</b>
<b>6 classes Snowboard Snow Bears without Rentals</b>	<b>\$265</b>	<b>\$230 Pass holder Price</b>

All prices include tax.



## Learn to Ski or Snowboard / Ages 10 and up

Lesson times are 10am and 1pm weekends and holidays with rope tow access until 4pm.

	<b>Ski</b>	<b>Board</b>
<b>Lift, Lesson, Rental</b>	<b>\$56</b>	<b>\$67</b>
<b>Lift &amp; Lesson</b>	<b>\$41</b>	<b>\$51</b>

MUST CALL FOR RESERVATIONS - PLEASE PLAN TO ARRIVE ONE HOUR PRIOR TO LESSON

## Ages 10 and up Saturday Series 1-2pm

**January Saturday Series - January 7, 14, 21**  
**February Saturday Series -February 4, 11, 18**

Improve your skills! Groups are based on age and skill level. Practice new skills from 2-4pm. Please register at least one week in advance.

<b>Lift, lesson, and ski rental</b>	<b>\$80</b>
<b>Lift, lessons , and board rental</b>	<b>\$90</b>
<b>Left, lessons</b>	<b>\$48</b>
<b>Season passholder lessons</b>	<b>\$24</b>

All prices include tax. No make up for missed lessons.

## YMCA Adaptive Ski Days

**Sundays**  
**January 29, February 5, 26**  
**11-12 or 12:30 -1:30 pm**  
**Ages 5 and up**

Contact Carrie Ingish,  
 YMCA Inclusion Specialist for  
 information at  
 608.519.5516 or  
 cingish@laxymca.org

Downhill skiing is for everyone! Seated bi-skis and mono-skis as well as stand-up skis will be utilized to make this great outdoor activity accessible to youth and adults of all physical and cognitive abilities. Registration is done through the La Crosse Area Family YMCA. fBoth YMCA members and non-YMCA members are welcome to register by phone at (608)-782-9622, online at www.laxymca.org, or in person at the Y.

Adapted Ski Days are made possible by the support of the North American Squirrel Association (NASA). NASA was formed in 2003 out of a desire to provide physically challenged and elderly members of the community with an opportunity to participate in outdoor activities. Please visit www.nasasquirrel.org for information on this great organization.

\*Dates are tentative & subject to change.

